



Table Talk

the Play with Your Food newsletter

August 2024

A weekly dish of spaghetti and meeples

[ChewsDay Challenge](#) is a FREE gaming night hosted by PwYF on Tuesdays starting at 6:30 p.m. at Boston Pizza North Regina (545 Albert St. N.).

Join us each week for an evening of board gaming, ranging from casual games at the Learn-to-Play table to epic campaigns – and everything in-between! Games are often posted early on the [Community Forums](#), so check in and sign up for a game ahead of time - or post a game to teach if you're feeling adventurous!

Every ChewsDay Challenge you attend and every post you make on the [Community Forum](#) earns you an entry into monthly prize draws from our event sponsors, [Boston Pizza North Regina](#) and [Board Game Bliss](#). There are also monthly prize draws for fully registered PwYF teams.

There is also a bulk order arrangement with Board Game Bliss that delivers every 4 to 6 weeks (on average). You can order directly from the site and get free shipping, with shipments handled by our team and delivered at ChewsDay Challenge. Check out the [BGB Bulk Order](#) page for details.

Sign up for Table Talk ([at the bottom of the PwYF homepage](#)) to stay updated on all of the events hosted by PwYF teams! You'll be among the first to know of future events like crib tournaments, tea tastings, scavenger hunts, board game tournaments, and much more!

Partnering with Carmichael Outreach

All money raised by the 2024-25 Play with Your Food campaign will be once again going to support the work of Carmichael Outreach.

In our next issue, we'll hear from Carmichael's Development Coordinator, Chrysta Garner (pictured here, right, speaking at the 24-hour event with the 2024 organizing committee).



Learn through Chrysta's eyes about the work Carmichael does to support people needing a helping hand in Regina, and how partnering with PwYF has helped Carmichael grow stronger and better serve the city's needs.

Upcoming FUNdraising Events

August 25

[Afternoon Tea and Obsession](#)
(Dominant Duo)

September 7

[Birding with Brett](#)
(The Sleeples)

September 13-22

[The Reapling 2.0](#)
(The Grim Reaples)

September 20-22

[Scavenger Hunt](#)
(TriviaNerds)

Check the [Events Calendar](#) on the Play with Your Food website for other events and more information!

Important Dates for Teams

August 20

[Prize Draw #2 for Fully Registered Teams \(at CC\)](#)

September 17

[Prize Draw #2 for Fully Registered Teams \(at CC\)](#)



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“Gaming is in my DNA”: a science teacher’s gaming evolution

Mick Rissling is not only one of the main organizers for our ChewsDay Challenge game nights; he’s also a high school science teacher – and he’s very fond of combining work and pleasure by playing (and often teaching) science-based board games. Here are Mick’s reflections on the “evolution” of his gaming habits.

As long as I can remember, I have always loved games. I played all the games kids my age played: Monopoly; Sorry; card games like Go Fish and Old Maid. Friendships were tested with Risk and Axis & Allies. I started playing Dungeons & Dragons at 10 years old; started running my own games a year or two later; and made my own roleplaying game at 14. When Magic: The Gathering came on the scene, my friends and I played for several years. I played a lot of video games, too.

Although I still indulge in video games a few times a year, my real gaming passion is board and card games. Hobby games, strategy games – call them whatever you want. My wife Elaine and I enjoy the hobby together, and there isn’t a game we won’t try. We have enjoyed everything from light trick-taking games to the intricate clockwork mechanisms from some of today’s leading game designers. I also like more traditional card games like cribbage and poker.



Genotype: A Mendelian Genetics Game from Genius Games

I have been teaching senior sciences for almost 20 years in Regina. I have always been keenly interested in science, and though it took me a while to figure out the teacher part, I now can’t easily imagine doing anything else. I gradually discovered a common thread among these three interests of gaming, science, and teaching: the core activity of each is learning.

I like to learn; it gives me pleasure to know more about something than I used to. It has its pitfalls – going down Wikipedia rabbit holes for hours, or my brother thinking I was crazy when I read the manual while he booted up the new Atari game. I still read the manuals; it’s the first thing out of the board game box! And now, I get to mingle my interests with opportunities to share what I have learned with others, either through my day job or teaching a new board game!

[Read more of Mick’s love of science games here!](#)

Rosemarie Opitz (PwYF Team: The Coloretto's)

If you come to any ChewsDay Challenge, there’s one person you’re nearly guaranteed to see: Rosemarie Opitz. She has only missed five ChewsDays in the past year and a half!

Rosemarie was first introduced to Regina’s board gaming community in 2017 through her friend Nikki, and she’s been hooked ever since. Rosemarie is often accompanied on Tuesday nights by her young adult nephew Connor, who lives with Rosemarie and her mom. For Connor, his auntie says, the draw is “playing games with friends and having fun.”

Since she doesn’t often play board games at home, ChewsDays are Rosemarie’s opportunity to connect with people from all walks of life, while both learning new games and playing old favourites, such as Wingspan. “I like visiting with the people I am playing with and getting to know them,” she says.

[Read more of Rosemarie’s story here...](#)

Meeples in your neighbourhood

This section of the newsletter features members of the PwYF community. Learn more at community.pwyf.ca



Play with Your Food: By the Numbers

as of Aug. 14, 2024

16 - fully registered teams
78 - fully registered participants

\$4,258 - funds raised
7.1% - of campaign goal

220 - July attendance at ChewsDay Challenge