



Table Talk

the Play with Your Food newsletter

November 2024

There's always another place at the table at Carmichael Outreach

By Carmen Pauls Orthner, Table Talk Editor

Are you hungry? Lonely? Tired? Come on in.

Escaped from an abusive relationship with only the clothes on your back? Newly arrived in Canada, only to find your apartment has no furniture, or even a mattress? Living rough and needing a place to wash up? Come on in.

Feeling afraid, embarrassed, frustrated, unheard, uncared for? In need of a safe place, one where you're offered both supportive shoulders and listening ears? Then, please, come in – when you come to Carmichael Outreach, you are welcome.

Carmichael Outreach's director of development, Chrysta Garner, remembers exactly what it feels like to be the person standing on the outside, wishing someone would open a door and offer a helping hand. In 2019, she had left a violent marriage, escaping with only her kids, her car, and the clothes they were wearing – and she had nowhere to turn.

Read more of Chrysta's story and learn how Carmichael helps Regina's most vulnerable people with support from PwYF's fundraising efforts.

Upcoming events

Crok'n'Ale tournament

Nov. 21

Apiary tournament

Nov. 23

Nachos & Card Games

Nov. 24

Kaiser tournament

Nov. 25

Ticket to Ride in a train car

Nov. 27

Sherlock Holmes mystery night

Nov. 28

PwYF teams that have met their fundraising minimum (\$100 per team member) will be eligible for a PwYF prize draw on **Tuesday, Nov. 19!**

Flipping for cribbage proves successful strategy

If you copy your own idea for a successful fundraising event, is it really considered "cribbing"? It is for The Table Flippers, a PwYF team who've raised nearly \$1,300 with their two cribbage tournaments this campaign year – with more to come!

A couple of years ago, team member Petra de Winter suggested her group of seven friends try a cribbage (aka crib) tournament as a fundraiser. That started the ball rolling, with two tournaments last year.

The Table Flippers are now "kicking it up even more," to use captain Shane Hadland's words, with plans to run a tournament roughly every three months. Their first tournaments for this campaign were held in June and early October, and the next one is currently being planned for next February, after the end-of-year rush is over.

For these events, The Table Flippers have partnered with Rebellion Brewing, a locally-owned brewery in Regina's Warehouse District. To learn more about the benefits of this partnership and other ways The Table Flippers have turned cribbage into a solid fundraising strategy, [click here!](#)



The Table Flippers like to raffle off unique cribbage boards, such as this semi-truck, at their tournaments.



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3 steps to successful fundraising

By Chelsea Low, PwYF Co-Chair

Choosing and hosting a PwYF team fundraiser can seem daunting at first, but if you follow these three tricks, you're guaranteed success:

1. Choose something you really want to do yourself!
2. Create a Facebook event AND put it on the PwYF.ca calendar.
3. Share widely and encourage people outside PwYF to attend.

If you pick an event based on something you're interested in, you're going to be a lot more passionate, engaged, and enthusiastic when you talk about it. This will naturally get people interested and excited to attend. It will shine through in your social media posts as you share the event and will help you make connections with the event attendees when the date comes.

Also, don't be afraid to step outside the board game box (hee hee)! Feel free to plan something that engages people outside of the board game community, because there are many people within the community that love Carmichael and want to support them in any way they can. *Want to learn more from Chelsea about putting the FUN in fundraising? [Click here!](#)*



Chelsea and her partner Henrik Steenbock (aka The Dominant Duo) go all out for their PwYF fundraisers, even dressing in Victorian garb for their recent tea and Obsession event.

Meeples in your neighbourhood

This section profiles members of the PwYF community. Learn more at community.pwyf.ca.

Becky Shepherd (PwYF team: The Sleeples)

Becky Shepherd may live on a bison ranch, but it's among board gamers that she's truly found her herd.

The Shepherd family – Becky, her husband Avery, and their two daughters – live near Livelong, a hamlet northwest of North Battleford, where they own and operate Sunset Bison Ranch. Becky's job as a nurse practitioner has her traveling to three different community clinics in the Turtleford area.

Becky has been a board gamer since childhood, and until recently, living far from a big city meant she needed to either be willing to play games by herself or to give up her hobby. While the solo options now available for many hobby games have given her more playing options, Becky is always happiest as a gamer when surrounded by other people.

For me, gaming is all about the people and the fun," Becky says. "I don't care if I win, though it's nice to do that every once in a while. I don't think there are any kind of games I don't like as far as mechanics, and I'm open to all kinds of themes. You never know what your next favourite game will be, so I try to play them all!"

Becky credits her long-time friend Tamara Harder – whom she calls her "sister from another mister" – not only with introducing her to hobby gaming, but also with pulling her into the wider Saskatchewan board gaming scene. A couple of years ago, Becky was invited to attend a week-long summertime gaming event in Regina, and she was planning to go with Tamara. *[Find out what happened next!](#)*



Becky (in front) is happiest when gaming with friends, such as her teammate and long-time pal Tamara Harder

Play with Your Food: by the numbers (as of Nov. 13, 2024)

22 teams
101 participants

\$21,530 raised
35.88% of campaign goal

263 people at ChewsDay
Challenge events in October