



Table Talk

the Play with Your Food newsletter

February 2025

PwYF enters final stretch of campaign with lofty goals

The teams are all registered and finalized and their planning for games has already started for the 24-Hour Event, but there is still a lot of time left before the campaign ends on March 31.

With just over a month remaining in the 2024-2025 Play with Your Food campaign, signs are pointing an incredibly successful campaign, with just over \$40,000 already raised heading into the final stretch. And that does not include the Online Auction, the Raffle, or the final few fundraising events that teams squeeze in before the campaign ends.

The previous nine Play with Your Food campaigns dating back to the event's origin in 2013 had raised \$328,280.56. With a goal of \$60,000 set for 2024-25, it is very possible that the overall fundraising from PwYF in its ten campaigns could exceed \$400,000! That's almost half a million dollars that has gone directly to organizations in Regina that are actively working to address food insecurity and poverty. That's incredible!

PwYF teams that have doubled their fundraising minimum of \$100 per team member will be eligible for prize draws on the third Tuesday of February and March at Chewsday Challenge. (Teams do not have to be in attendance at CC to win.)

Upcoming Events

Item Submission Deadline for PwYF Online Auction
Feb. 23

PwYF Online Auction
Feb. 28 - March 6

Learn to Play D&D!
March 1

Sea Salt & Paper Tournament
March 3

PwYF 24-Hour Event
Mar. 22-23

DID YOU KNOW?

In 2023, the Online Auction included 158 items and raised \$5176.50 - 11.4% of the campaign total. In 2024, the Auction included 302 items and raised \$12,000 - 17% of the campaign total!

Let the Bidding Begin! Online Auction returns Feb 28!

The PwYF Online Auction is back for its third year. The auction has become an integral part of the Play with Your Food campaign in the past two years, as it has helped raise more money and build community in a unique way. A big part of the fun - besides bidding on and winning items, of course - is seeing which item is the "hot ticket" for the year. (*Will anything top Henrik's imported rocks earning \$155 last year?*)

The items for the Auction are donated by PwYF participants, local businesses, and other Sponsors, and they include a wide variety of services and goods (new and used), including: handmade goods; collectibles; kitchen goods; accessories; media; and, of course, a few board games. (*There may even be a few items returning...*)

Many items are already available for preview through the [PwYF Auction Facebook Group](#), so make sure you are signed up and ready to go when the bidding opens on February 28. All of the items are posted at the start of bidding, so have fun!

And remember: the Auction is open to anyone, not just PwYF participants!



Bidding opens on Feb. 28!



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PwYFYQR](https://www.facebook.com/PwYFYQR)



www.PwYF.ca



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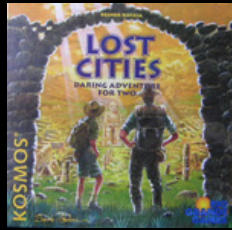


[www.linkedin.com/
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Two-player games... for the lovers, the fighters, and everyone in between

There has been an explosion of “Duo”, “Duel”, and “Duet” games in recent years, which makes sense since two players is arguably the most common player count. Here are five “two-player only” classics you can try on any occasion - fierce or friendly.

Reiner Knizia has designed many variations, but the original is still the best. The gameplay is simple - play and draw - but the strategy of which card to play and guessing what cards your opponent has in hand make this an all-timer.

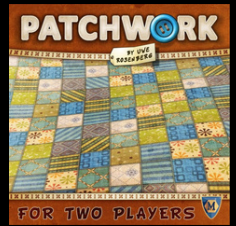


Now 2 players (or teams) can cooperative to give clues and make guesses before the time runs out with even more tension than the original Codenames.



Hive is a modern classic “abstract strategy” game (like Go or Chess). The Pocket version is easy to learn, play, and take with you anywhere.

The theme of knitting a quilt is so peaceful, yet this game is surprisingly stressful. Players manage time and spend buttons to make the best patchwork quilt, which is easier than it sounds... until you see the patches.



Players cooperate to successfully land a plane by managing altitude, brakes, level, speed, axis, engines, radio, and landing gear while managing dice rolls with limited communication. Sounds chill?

The second “**Triple Crown Racing**” event was another great success with 16 racers participating at Rebellion Brewing Company. Participants played three games of the game Ready, Set, Bet with the first, second, and third place money winners receiving prizes! The race was simulated by a phone app connected to one of the TVs, so all three tables were simultaneously betting on the same race. The event raised \$320 for the Carmichael Outreach centre! Thank you to all the participants! (Dale N.)

[Place, win and show: Shane H. (3rd); Sarah F. (1st); Marsha T. (2nd)]



Meeples in your Neighbourhood

This section profiles members of the PwYF community. Learn more at community.pwyf.ca.

Kristy Smith (PwYF Team: The Table Flippers)

Few people can actually say that board gaming saved their lives; Kristy Smith is an exception. Nearly twenty years ago, in her mid-twenties, Kristy was recovering from one of several operations she had endured in the decade since health issues had started to change her life.

But something important happened one day. “I was struggling with related memory issues that were pretty severe, and a friend brought over some games saying that gaming would help me,” Kristy says. “I had doubts, but I gave it a try.”



“Within months,” she recalls, “the staff at Wascana Rehab said they couldn’t explain how my memory and executive functioning skills had increased so rapidly. They said I had improved so much they no longer needed to see me. There was no more they could do above what I had already done for myself!”

What began as therapy is now her main hobby, if the hundreds of games in her condo’s spare bedroom are anything to go by. But it’s a very healthy hobby – one that has not only helped Kristy through some very rough times in her life but also has helped build a strong and supportive community around her.

[Read more of Kristy’s story here...](#)

Play with Your Food: by the numbers (as of Feb. 12, 2025)

122 participants on 27 teams \$43,825 raised (73.04% of goal) 191 people at ChewsDay Challenge in January